



# BREAKFAST

# OCTOBER 2025

## Sidney High School

Low-Fat and Fat Free milk  
offered daily with all meals]

Food subject to change due to food availability

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



No School

6

Pancake on a stick  
Fresh Fruit/Cup  
Fruit Juice

7

Breakfast Pizza  
Fresh Fruit/Cup  
Fruit Juice

1

Biscuits and Gravy  
Fresh Fruit/Cup  
Fruit Juice

2

French Toast  
Fresh Fruit/Cup  
Fruit Juice

3

No School

13

French toast  
Fresh Fruit/Cup  
Fruit Juice

14

Ham Egg and Cheese  
Bar  
Fresh Fruit/Cup  
Fruit Juice

15

Biscuits and Gravy  
Fresh Fruit/Cup  
Fruit Juice

16

Frudels  
Fresh Fruit/Cup  
Fruit Juice

17

No School

20

Cereal Bar  
Fresh Fruit/Cup  
Fruit Juice

21

Breakfast Pizza  
Fresh Fruit/Cup  
Fruit Juice

22

Biscuits and Gravy  
Fresh Fruit/Cup  
Fruit Juice

23

Cinnamon Rolls  
Fresh Fruit/Cup  
Fruit Juice

24

No School

27

Muffins  
Fresh Fruit/Cup  
Fruit Juice

28

Waffles  
Fresh Fruit/Cup  
Fruit Juice

29

Biscuits and Gravy  
Fresh Fruit/Cup  
Fruit Juice

30

Scrambled Eggs and  
Sausage  
Fresh Fruit/Cup  
Fruit Juice

31

